



Barlow Creek Newsletter

Ms. N. Danuser, Principal

March 15, 2024

Ms. D.Telford, Secretary

816 Barkerville Highway, Quesnel BC V2J 6S6

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PRINCIPAL'S MESSAGE

Dahooja Barlow Creek Families!

Congratulations to our students for all the progress in their learning this term. I have enjoyed reading their learning updates and digital posts. It has been a busy term and the students have been persevering whether it was learning something new like skating, skiing, or snowboarding, exploring trades making copper bracelets, string art or hedgehogs, being a good friend, or exploring new ideas. Way to go Barlow Blazers!

Sportsmanship is the character trait we have been focusing on for March. Please take time to discuss how to be a good winner and loser with your children. Our character trait for April is self-control, the ability to control your emotions, feelings, and actions.

Sunachailya to Barlow Creek Elementary PAC for supporting our students with their learning and special events. The Sock Hop this week was a wonderful event! Sunachailya to all the students for their donations of non-perishable food items. Your generosity is appreciated.

Have a safe and relaxing Spring Break! See you on April 2, 2024.

Sunachailya,

Ms. Nancy Danuser, Principal



UPCOMING DATES:

Secondary School Art Show @ Quesnel Art Gallery	Mar 12— Apr 4
5 Wonders of Quesnel—Gr 6/7— Tourist Info. Center	Mar 15— Apr 2
SPRING BREAK	Mar 18 to Apr 1
Good Friday	Mar 29
Easter Monday	Apr 1
First day back to school	Apr 2
Clayton Gauthier Local Cree/Dakelh artist visit	Apr 9
Cross Country Running begins	Apr 9
PAC Meeting	Apr 11
Erase - Gr 5-7 Internet Safety Session	Apr 13
Terrific Twos (Screening)	Apr 19
Earth Day Activities	Apr 22
Inching to Kindergarten	Apr 24
April Assembly—8:45am	Apr 29
School Spirit Day—Dress as your first initial	Apr 29

Dressing for the Weather

A change of clothes in your backpack is a great idea with the mud and puddles around the school grounds.



Five Wonders of Quesnel



Ms. Bruce's grade 6/7 class has completed a wonderful book project highlighting **Five Wonders of Quesnel**.

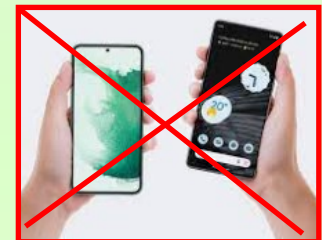
Each group has completed a picture and information about five wonders of Quesnel and their books will be on display at the Quesnel Tourist Information Centre from **March 15 to April 2, 2024**.

Take some time over the break to check out their projects!



Please remind children to keep their toys, Pokemon cards and other items that they don't want to lose at home.

Electronic devices such as cellphones and tablets should not be brought to school. If they are brought to school, they must remain in backpacks, or they will be kept in the office.



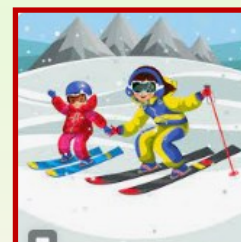
Thank you for your assistance.

Secondary School Art Show

Art work from Correlieu and McNaughton Secondary School students is on display at the Quesnel Art Gallery from **March 12 to April 13**.

TROLL SKI TRIP UPDATE

Thank you to all the Volunteers who helped make our Troll days a success!
Sunachailya!



WINTER CLOTHING DONATIONS

If any household that has spare / outgrown winter coats or snow pants (especially smaller sizes) we would gladly accept them for kids to borrow.

IMPORTANT:

We are still looking for a spare Noon Hour Student Supervisor.

Please come to the office with a resume.



Student Walking Safety

We wanted to share some tips for students walking to bus stops and schools.

- * Be visible - Students should have some form of clothing, backpack or other item that is reflective, or some form of light to shine as they walk.
- * Walk on sidewalks or paths – It is always best to walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible.
- * Eyes up, phones down – be attentive while walking to avoid tripping and watch for traffic.

We also ask that all drivers SLOWDOWN while driving in school zones and bus stops and watch for students during your morning and afternoon commute.

HOT LUNCHES

New hot lunch order forms will be sent home in April.



BUS SAFETY



1. Sit facing front with your bottom right back
2. Stay in your seat, use quiet voice and keep hands to ourselves
3. Remain seated until the door opens
4. Let people in front of you go first

Coming Soon !!!

School swag fundraiser



- Hoodies
- T-shirts
- Shorts
- Jogging Pants

Monthly Library Awards

Exceptional Library Class

February's Exceptional Library Class award goes to Mrs. Browne's grade 4/5 class for showing excellence in returning their books on time, coming prepared with the supplies they need, for always taking the time to help Ms. Connie by stacking the chairs at the end of class.

March's Exceptional Library Class Award goes to Ms. Kronebusch's 1/2 class. They have shown significant growth in quiet hallway behaviour, have been very responsible helping move the chairs so Ms. Connie could clean, and being gentle with and sharing our new books.

Exceptional Library Patrons

These are awarded to keen readers who regularly check out books and are enthusiastic about library.

February's Exceptional Library Patron awards go to **Colton Apps, Alex Cunningham, and Mack Erickson-Collins.**

March's Exceptional Library Patron awards to **Addy Crossen, Brayley O'Flynn and Seth Torangeau.**



Terrific Twos (Screening)

Hosted by the Early Learning Table.

Children born in 2021 or 2022 are invited to enjoy fun activities and receive a free gift.

- ◇ April 19, 2024
- ◇ 10:00 a.m. to 12:00 p.m.
- ◇ West Park Mall



What is terrific twos?

Terrific for Twos funding **offers eligible children up to 15 hours free early education.** ONLY apply if your child was born between 01st January 2021 and 31st March 2022. Applications can only be made in the term your child turns 2 / is already 2 years old.

Safety Drills

For safety we have a number of drills we are required to complete each school year. Fire, intruder/lockdown, gas leak and earthquake drills are done throughout the year. Typically, we do not give advance notice of drills. If your child may need advance notice please let their classroom teacher know.



Backpack Buddies

Backpacks are going home today, **Friday, March 15**. During Spring Break if you have a backpack you can take it to the **Quesnel Tillicum Friendship Society at 319 N. Fraser Drive** and exchange it for a full backpack on Fridays. Thank you to all the families who signed up to help us take the extra backpacks. We get 10 backpacks a week and it really saves us wasting the food.

Please remember to return your backpacks !!

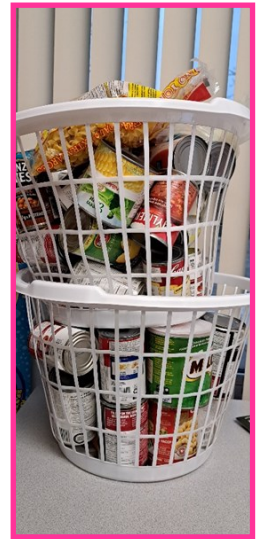
PAC NEWS

Thanks to everyone who supported our West Coast Seed fundraiser!

The Sock Hop was a **HUGE** success and thank you to the Volunteers who made this happen and to all who donated a non-perishable food item.

Congratulations to Alex Cunningham for winning the draw for the Easter Basket

Next PAC meeting: **April 11th @6:00pm** in school library.



SUPPORT AVAILABLE



Intimate images Support available for those dealing with intimate images posted online <https://takebackyourimages.gov.bc.ca/> (cases of sextortion and protecting children with changing laws).

Support for Families

We realize that with the rising inflation many families may be struggling financially. The Ministry of Education and Child Care has provided School Districts with extra Family Affordability Funds to help families who may need a little extra help. Please contact the school if you need any support.

School Communications

Most communication, such as bus information, newsletters, etc., will be emailed from the school. You can also check our school website, barlowcreek.sd28.bc.ca or the school district website, www.sd28.bc.ca. Our website is linked to the school district website so up to date school district information is on the Barlow school website as well.

Healthy Practices

Please remember to stay home when sick as this stops the spread of illness. Students, visitors and staff should stay home if they have symptoms of illness such as: fever or chills, difficulty breathing, diarrhea, runny nose, headache, sore throat, sneezing, body aches, loss of sense of smell or taste, loss of appetite, extreme fatigue or tiredness, vomiting, a severe uncontrolled coughing or wheezing. Children should stay home until 48 hours after their last episode of diarrhea or vomiting.

UTENSILS:

Please remember to send the required utensils for your children's lunches. Be sure to send **WATER BOTTLES** and **SPOONS**.

Dakelh Language and Culture

Here are some new words for you to practice in Michif and Dakelh/Southern Carrier .

MICHIF

Taanshi – Hello

Mina ka wapamitin – I'll see you again

DAKELH

Tsilyaz Bunun – February – time of the small snowflakes

Bunun Ha'ulh'as – March – when the animals come out of their dens

We were delighted to have Arlene Horutko visit us again to share some Dakelh/Southern Carrier Language and culture with our classes. She is also helping us practice some language for animal books we are going to make when Clayton Gauthier visits us on **April 9**. Sunachailya, Arlene!

Sunachailya to Ms. Bruce's class for sharing their gratitude using the four seasons in Dakelh/Southern Carrier



Raising Digitally Responsible Youth – A Parent's Guide

Parenting is hard, and the rapid rise of technology and social media use in the lives of their kids makes it harder. To help, Safer Schools Together is sharing access to their parent's guide for raising digitally responsible youth. The guide was designed to help introduce Parents and Caregivers to leading social media platforms, video games, and relevant trends that are either being used already or have the potential to be used by their children. This guide is full of tips, how-to's and definitions for the most widely used apps – including TikTok, Snapchat, Instagram and more. Click on the link below to get your free copy.
<https://resources.saferschoolstogether.com/link/352883/>

STUDENT LEARNING SURVEYS

All parents of grade 4, 7, 10, and 12 are asked to complete the survey each year. Here is the link for the survey:

http://www.bced.gov.bc.ca/sat_survey/access.htm

There is no logon code required. Parents scroll to the parent section and enter our school district #28 Quesnel and the survey will begin.

It takes about 30 minutes to complete the survey and you have until **May 3, 2024** to complete it.

Safer Schools

On **April 3**, Grade 5 to 7 students will be watching an online information session about social media and gender based violence and consent. The session is provided by the ERASE - Expect Respect & a Safe Education in partnership with Safer Schools Together. Please check out the ERASE website for resources to support families.

<https://www2.gov.bc.ca/gov/content/erase>

CROSS COUNTRY RUNNING

Cross country will be starting April 9th.
Stay tuned for more information after Spring Break!



Staff members are invited to attend to meet children and their families.



Inching Our Way to K

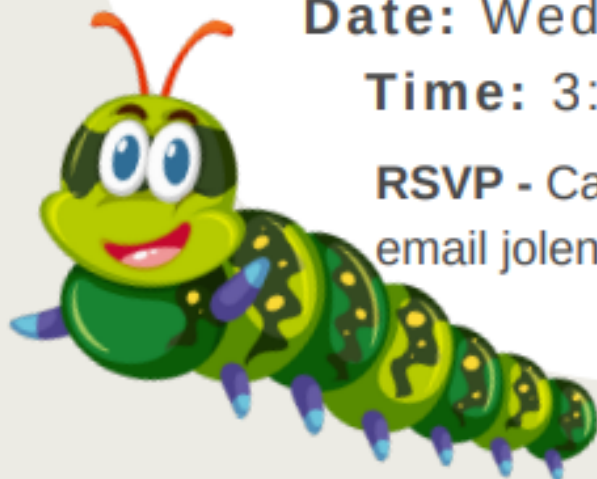
All parents and children who will be attending SD28 Kindergarten in September 2024 are invited to join us for snacks and fun.

Location: Indoor Soccer Facility
(980 Anderson Dr)

Date: Wednesday, April 24

Time: 3:00 - 5:30 p.m.

RSVP - Call 250-992-0430 or
email joleneking@sd28.bc.ca



Quesnel & District
Child Development Centre



KINDERGARTEN REGISTRATION 2024-2025

Begins January 29, 2024 at your neighborhood school

Eligibility: Children must turn five years of age between January 1, 2024 and December 31, 2024

Required Documents:

- Birth Certificate/Passport/Status Card
- BC Medical Card/BC Services Card
- 2 documents that show Proof of Address in Quesnel



Registration in French Immersion Program:
Please contact École Red Bluff Lhtako at 250-747-2634

If you have questions, please contact School
District 28 Administration office at
250-992-8802



Thank you



I SPY THE ALPHABET

LET'S GO ON A LETTER HUNT IN OUR COMMUNITY!

From March 1 through April 2, visit various businesses in Downtown Quesnel (14 letters), West Quesnel (6 letters), and South Quesnel (6 letters) to find upper- and lower-case wooden letters. Scan the QR code and enter your child's name, phone number, age and a selfie with the letter(s) you find.

Have fun!

Aa

Bb

Cc

First and second place prizes for the following ages:

0-4 years old

5-8 years old

9-12 years old

12+ years old

Enter to Win



Hoofbeats & Heartbeats
4-H Club



CANADA
4-H British Columbia

Hoofbeats & Heartbeats 4-H Club

Members Wanted

**Sign-Up
NOW**

This 4-H club is a positive youth development program for
youth ages **6-21 years of age**.

**No Horse
Needed**

Club members will have an opportunity to:

- learn to do by doing
- experience feeding, husbandry, handling, riding, driving, and exhibiting horses in any discipline
- practice public speaking, demonstrations, educational displays, and judging
- engage in conversations and activities about healthy living, self-love, education, life skills, and responsibility
- earn high-school credits through their club work
- apply for scholarships, exchange programs, and internships
- attend horse clinics, trail rides, lessons, camps, and so much more



No horse? No problem, Unit A of the 4-H Horse Project does not require you to have a horse.



For more information contact:
Tawnie Fehr, 4-H Club Leader
info@fehranch.com
Erin Kishkan, 4-H Key Leader
kishkan@quesnelbc.com

☆ **Horsemanship, Leadership, Citizenship, and Friendship** ☆



SPRING SOCCER REGISTRATION IS OPEN NOW

**SEASON BEGINS INDOOR,
AND WILL MOVE OUTDOOR IN
EARLY MAY, WEATHER DEPENDENT**



Registration payments can be made in person or
by e-transfer to QYSAMS@gmail.com



REGISTRATION HAS BEGUN!
Register today until April 20th!

Birth years from 2005-2020

Online Registration form and EMT!

Season Starts in May.

Click here to register, or check out our website:
<https://forms.gle/T8p7xpth9AkN3q2E7>

www.quesnelminorbaseball.ca

<https://www.facebook.com/quesnelminorbaseballassociation>

qmbball@gmail.com

Indigenous Culture Week, March 18-22

Please join us as we honour and recognize the rich and vibrant cultures of the First Nation, Inuit, and Metis Peoples of Turtle Island. The public, students, and staff are invited to the Opening Ceremony, workshops, and Artisan Market. Workshops and teachings will be presented by Elders and local Knowledge Holders.

Opening Ceremony Monday, March 18, 10:00 am – noon

Join us as we kick off Indigenous Culture Week with Welcomes and a performance by the **Lhtako Youth Dancers**. **Guest Speaker Terrence Paul** will speak about the Sundance, Sweat Lodge, and the Sacred Pipe, and how they pertain to Dakelh decolonization initiatives.

Cultural Teachings and Southern Carrier Stories with Elder Doreen

Patrick Tuesday, March 19, 10:00 am – noon. [Email Karen](#) to reserve your seat in advance as space is limited.

Tea with Wildcrafter Sharon Primeau Tuesday, March 19, 10:00 am - 3:00 pm

Beading with Raine Wednesday, March 20 10:00 am - 3:00 pm

Join us to make beading projects designed by Raine Ravnborg Gilpin. [Email Karen](#) to reserve your seat in advance as space is limited.

Southern Carrier Animal Teachings by Elder Ellie Peters

Thursday, March 21, 10:00 am – noon [Email Karen](#) to reserve your seat in advance as space is limited.

Métis Culture Display and Conversations with Lori Donald

Thursday, March 21, 11:30 am - 12:30 pm

Indigenous Artisan Market Friday, March 22, 10:00 am - 4:00 pm

Are you an Indigenous artist or entrepreneur? Indigenous-themed artisans, crafters, and vendors wanted! Apply to be a vendor with this form: [Indigenous Culture Week Quesnel Vendor Application 2024](#). Please send it in to Karen by **Wednesday, March 13**. Bannock, chili, and beverages by Sarah Boucher will be for sale.

Questions? Call Karen Green, Aboriginal Liaison,
at (236) 301-0280



Quesnel



I-SPARC
Move | Play | Compete

Indigenous Sport,
Physical Activity &
Recreation Council



BC INDIGENOUS PROVINCIAL ATHLETE DEVELOPMENT CAMP

Swimming

- Open to Indigenous youth ages 10-18
- FREE! No camp fee
- All levels welcome
- Snacks provided

REGISTER NOW
[CLICK HERE](#)

SAT & SUN
TIME TBC

MAR 23-24, 2024

Quesnel

teambc@isparc.ca



Wellness Workshop: Learning about Teas

Join us at the North Cariboo Metis Association with Sharon for a workshop to learn about her methods for harvesting and making teas. There will be teas to sample and light snacks.

Where: 382 Anderson Drive

When: March 16 at 10-1

Please sign up by calling 250-992-9722 or ncma1@shaw.ca

