



Barlow Creek Newsletter

Ms. N. Danuser, Principal

April 12, 2024

Ms. D. Telford, Secretary

816 Barkerville Highway, Quesnel BC V2J 6S6

Phone: (250) 992-5134 □ FAX: (250) 992-3146

PRINCIPAL'S MESSAGE

Dahooja Barlow Creek Families!

Happy Spring/'olulh! We have jumped back into learning after Spring Break are working hard as we make our way to the end of the school year! Sunachailya to Mrs. Browne for coaching our cross-country running club. We have a great group of keen runners this year and we look forward to the Ten Mile Run on May 16.

Self-Control is our character trait for April. We have been talking about controlling our emotions, feelings and actions by using different strategies such as counting, breathing deeply, or sitting quietly before reacting to situations that upset us. We have also talked about how getting angry or upset can make a problem worse and it is easier to cope with problems when we practice self-control. In May, we will be focusing on citizenship, where we can contribute to the overall public good by following the rules, volunteering and protecting the environment.

Sunachailya to our amazing and generous PAC. We are grateful for everything you do to support us in our learning and growing.

Sunachailya to our families for your continued support.

Sunachailya,

Ms. Nancy Danuser, Principal



Dressing for the Weather

Reminder to send a change of clothes in backpacks.

Please bring a hat to school for sunny days to protect us from the sun when we are outside.

UPCOMING DATES:

Hot Lunch—Hot Dogs	Apr 19
Terrific Twos (Screening)	Apr 19
Earth Day Activities School clean up 11:30	Apr 22
Inching our way to K	Apr 24
Professional Pro-D Day School for teachers only	Apr 26
April Assembly—8:45am School Spirit Day-Dress as your first initial	Apr 29
Swag order forms due NO EXCEPTIONS	Apr 30
Hot Lunch—Subway	May 2
Jump rope for heart	May 3
Greg Sterling—Metis spoons	May 6, 13
Hot Lunch—Panago Pizza	May 15
10 Mile Lake Run	May 16
K-3 Swimming	May 17, 24, 31, June 7, 14
Fire House Safety Grade 3's @ 9:00	May 23
May Assembly—8:45am	May 27
Hot Lunch—Hot Dogs	May 29
Welcome to Kindergarten 2:45-3:45pm	May 30

Story Walk

Thanks to our Primary and Intermediate Curriculum teachers for putting up the story walk in our school forest. It is part of an outdoor education program to supply a school with resources to get outdoors and explore. Take some time to read “Greta and the Giants” with our children.



CLOTHING DONATIONS

If any household that has spare / outgrown winter coats or snow pants (especially smaller sizes) we would gladly accept them for kids to borrow.

IMPORTANT:

We are still looking for a spare Noon Hour Student Supervisor.

Please come to the office with a resume.



Student Walking Safety

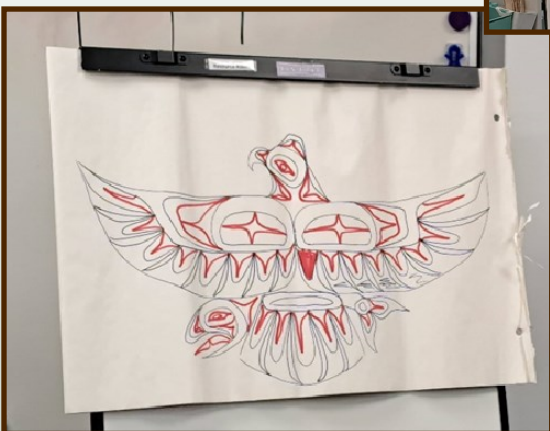
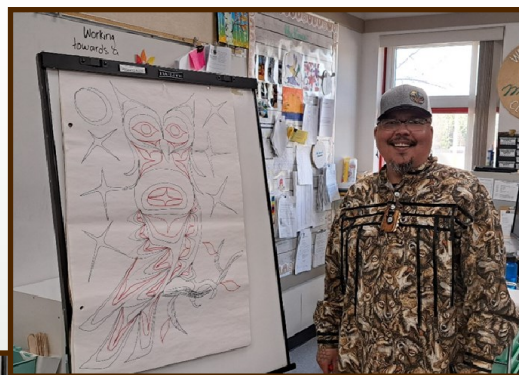
We wanted to share some tips for students walking to bus stops and schools.

- * Be visible - Students should have some form of clothing, backpack or other item that is reflective, or some form of light to shine as they walk.
- * Walk on sidewalks or paths – It is always best to walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible.
- * Eyes up, phones down – be attentive while walking to avoid tripping and watch for traffic.

BUS SAFETY



Students need to be using their bus passes to get on and off the buses. The school district is legally responsible for taking attendance on buses. If students need a replacement bus pass, please contact the Transportation Department at 250-992-8361.



We also ask that all drivers SLOWDOWN while driving in school zones and bus stops and watch for students during your morning and afternoon commute.

Safety Drills

For safety we have a number of drills we are required to complete each school year. Fire, intruder/lockdown, gas leak and earthquake drills are done throughout the year. Typically, we do not give advance notice of drills. If your child may need advance notice please let their classroom teacher know.



Backpack Buddies

Please remember to return your backpacks !!

PAC NEWS

Barlow Creek Elementary PAC will be selling plants from Northern Flowers. Ordering is April 22 to May 3, 2024 with the plants being available for pick-up on Friday, May 24. More information to come.

Thanks to all the families who donated non-perishable food items at the PAC Sock Hop. Green Hope was grateful for the donations.

The PAC is also looking for volunteers for Fun Day in June. Interested volunteers should contact Jessica Lawrence at mead_18@hotmail.com.

SunSense Challenge

For the month of May we will be participating in a Sun Sense Education Program from the Canadian Cancer Society.

Stay tuned for more info about Sun Safety.



SUPPORT AVAILABLE



Intimate images Support available for those dealing with intimate images posted online <https://takebackyourimages.gov.bc.ca/> (cases of sextortion and protecting children with changing laws).

Support for Families

We realize that with the rising inflation many families may be struggling financially. The Ministry of Education and Child Care has provided School Districts with extra Family Affordability Funds to help families who may need a little extra help. Please contact the school if you need any support.

School Communications

Most communication, such as bus information, newsletters, etc., will be emailed from the school.

You can also check our school website, barlowcreek.sd28.bc.ca or the school district website, www.sd28.bc.ca. Our website is linked to the school district website so up to date school district information is on the Barlow school website as well.

Healthy Practices

Please remember to stay home when sick as this stops the spread of illness. Students, visitors and staff should stay home if they have symptoms of illness such as: fever or chills, difficulty breathing, diarrhea, runny nose, headache, sore throat, sneezing, body aches, loss of sense of smell or taste, loss of appetite, extreme fatigue or tiredness, vomiting, a severe uncontrolled coughing or wheezing. Children should stay home until 48 hours after their last episode of diarrhea or vomiting.

UTENSILS:

Please remember to send the required utensils for your children's lunches.

Be sure to send **WATER BOTTLES** and **SPOONS**.

Dakelh Language and Culture

Here are some new words for you to practice Dakelh/Southern Carrier with your children.

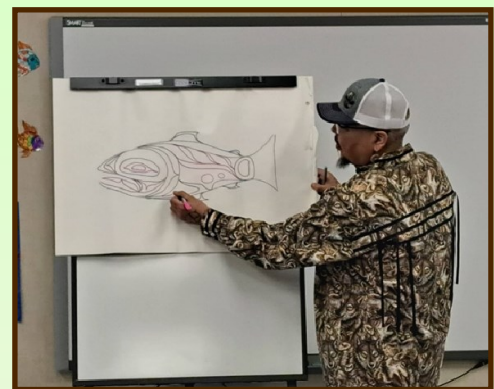
Neshen Suli – April—Time of the melting snow

'olulh – Spring

We had a lovely visit with Clayton Gauthier on April 9. He visited each class to teach them how to draw an animal for books we are making using Dakelh/Southern Carrier.

In May, we have Metis musician Greg Sterling coming to visit to make Metis spoons and teach our students how to play them.

We are grateful to have support from our PAC and School District to support these cultural experiences.



Raising Digitally Responsible Youth – A Parent's Guide

Parenting is hard, and the rapid rise of technology and social media use in the lives of their kids makes it harder. To help, Safer Schools Together is sharing access to their parent's guide for raising digitally responsible youth. The guide was designed to help introduce Parents and Caregivers to leading social media platforms, video games, and relevant trends that are either being used already or have the potential to be used by their children. This guide is full of tips, how-to's and definitions for the most widely used apps – including TikTok, Snapchat, Instagram and more. Click on the link below to get your free copy.
<https://resources.saferchoolstogether.com/link/352883/>

STUDENT LEARNING SURVEYS

All parents of grade 4, 7, 10, and 12 are asked to complete the survey each year. Here is the link for the survey:

http://www.bced.gov.bc.ca/sat_survey/access.htm

There is no logon code required. Parents scroll to the parent section and enter our school district #28 Quesnel and the survey will begin.

It takes about 30 minutes to complete the survey and you have until **May 3, 2024** to complete it.

Terrific Twos (Screening)

Hosted by the Early Learning Table.

Children born in 2021 or 2022 are invited to enjoy fun activities and receive a free gift.

- ◇ April 19, 2024
- ◇ 10:00 a.m. to 12:00 p.m.
- ◇ West Park Mall



What is terrific twos?

Terrific for Twos funding offers eligible children up to 15 hours free early education. ONLY apply if your child was born between 01st January 2021 and 31st March 2022. Applications can only be made in the term your child turns 2 / is already 2 years old.

CROSS COUNTRY RUNNING

Practices are Tuesday & Thursdays at lunch.

Reminder to bring a change of clothes, runners and a water bottle.

**10 Mile Lake run is on
Thursday, May 16th**



Barlow Creek

SCHOOL FUNDRAISER - SWAG ORDER FORM

Barlow Creek is fundraising with custom school swag! Please fill out the form carefully. Forms must be handed in to your classroom teacher by April 30th, 2024.



Student Name: _____

Phone Number: _____

Classroom Teacher: _____

Item # :	youth/adult	Size:	Custom Name: (Hoodie Only)	Total:

Grand Total:

SIZE CHARTS:

ATCY2500 - ATC™ Everyday Fleece Hooded Youth Sweatshirt

GARMENT MEASUREMENTS				
Size	S	M	L	XL
Chest - Half Measure	16"	17"	18"	20"
Chest - Full Measure	32"	34"	36"	40"
Body Length from HPS	28 1/2"	29"	30"	31 1/2"
Sleeve Length-CB	25"	26"	30 1/2"	33"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide				
Size	S	M	L	XL
Numeric Size	6-8	10-12	14-16	18-20
Chest	28"-29"	28"-30"	30"-32"	32"-36"
Waist	23"-24 1/2"	24 1/2"-25 1/2"	26 1/2"-27"	27"-29"
Sleeve Length-CB	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

ATC2000Y - ATC™ Everyday Ring Spun Cotton Youth Tee

GARMENT MEASUREMENTS					
Size	XS	S	M	L	XL
Chest - Half Measure	14"	15"	17"	18"	19"
Chest - Full Measure	28"	30"	34"	36"	38"
Body Length from HPS	29"	29"	29"	29"	29"
Sleeve Length from Shoulder Seam to Hem	8 1/2"	8 1/2"	7"	7 1/2"	8"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide					
Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-25"	26"-28"	28"-30"	30"-32"	32"-35"
Waist	21 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-26 1/2"	26 1/2"-27"	27"-29"
Sleeve Length-CB	24"-25"	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

Y355 - ATC™ Pro Team Youth Shorts

GARMENT MEASUREMENTS					
Size	XS	S	M	L	XL
Waist (relaxed)	10"	10 1/2"	11"	11 1/2"	12"
Inseam	7"	7"	7"	7"	7"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide					
Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"

182B - GILDAN® Heavy Blend™ Youth Sweatpants

GARMENT MEASUREMENTS				
Size	S	M	L	XL
Waist	10 1/2"	11"	12"	13"
Inseam	19"	22"	25"	29"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide				
Size	S	M	L	XL
Numeric Size	6-8	10-12	14-16	18-20
Waist	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"

The link for the online order form is below:

<https://form.jotform.com/240988617665069>

DUE APRIL 30TH—NO EXCEPTIONS

Ponds, Puddles, & Play

@ West Fraser Timber Park

April 30th, May 1st, 2nd

10:00am-12:00pm

- Bring water bottle
- Dress for the weather
- Dress to get messy
- Snacks are provided
- Coffee provided
(Bring your own mug)

Registration is required

Call CCRR to secure spot # 250-992-7606

For ages 30 months to 5 years

****Limited spots available****



Ministry of
Education and
Child Care



Explore, Play, and Learn at StrongStart



Parents who have not yet registered their child for StrongStart are invited to attend an open house. Participate with your young child (aged birth to five) in play-based learning activities - including stories, music and art. At no cost to families, this early learning program helps prepare children for success in Kindergarten.

StrongStart OPEN HOUSE

Baker Elementary
610 Wade Avenue
May 8, 2024
2:00 - 4:00 p.m.



Staff members are invited to attend to meet children and their families.



Inching Our Way to K

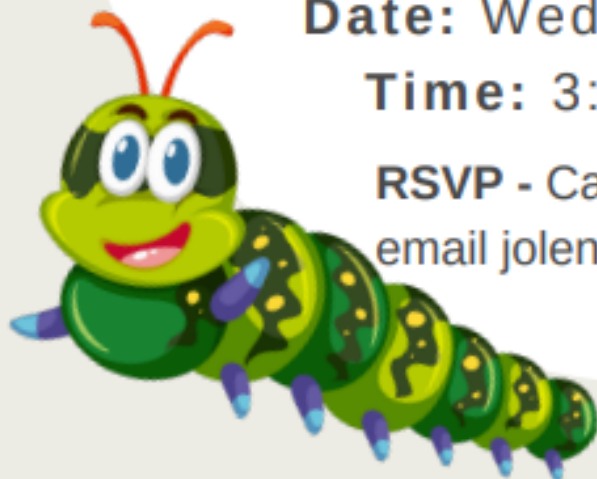
All parents and children who will be attending SD28 Kindergarten in September 2024 are invited to join us for snacks and fun.

Location: Indoor Soccer Facility
(980 Anderson Dr)

Date: Wednesday, April 24

Time: 3:00 - 5:30 p.m.

RSVP - Call 250-992-0430 or
email joleneking@sd28.bc.ca



Quesnel & District
Child Development Centre



KINDERGARTEN REGISTRATION 2024-2025

Begins January 29, 2024 at your neighborhood school

Eligibility: Children must turn five years of age between January 1, 2024 and December 31, 2024

Required Documents:

- Birth Certificate/Passport/Status Card
- BC Medical Card/BC Services Card
- 2 documents that show Proof of Address in Quesnel



Registration in French Immersion Program:
Please contact École Red Bluff Lhtako at 250-747-2634

If you have questions, please contact School
District 28 Administration office at
250-992-8802



Thank you





- *FREE NON-ALCOHOLIC DRINKS
- *FREE SNACKS
- *KARAOKE
- *2024 BOARD INTRO
- *COMMUNITY GROUP INFO

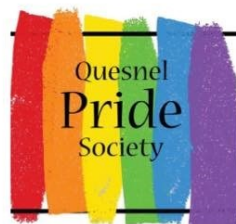
ALL AGES WELCOME
(YOUTH UNDER 14 MUST BE
ACCOMPANIED BY AN ADULT)

RAINBOW NIGHT

SATURDAY, APRIL 13
7PM

THE DEN 690 GRAY AVE

BROUGHT TO YOU BY



April 27, 2024: Family History Fair & Social Tea with North Cariboo Metis Association



Let's get together on Saturday afternoon (12-3pm) and have a visit with one another. You never know you might find a relative once we start talking with one another. And a chance to try dot art! A light lunch will be provided. NCMA will provide a cardboard stand, markers, stickers, or paper if any families or individuals want to make a visual display like a science fair stand, but with history. It can be on a particular person, family, topic, or a historical event. We can assist with some photocopying, please do not bring original documents so they do not get lost. Historical resources will be on display as well. Stop by our office at 388 Anderson to pick up your materials. There is no cost to attend. At 382 Anderson Drive. For more information: please email ncma1@shaw.ca or 250-992-9722.

Maarsii to Northern Health Indigenous Health for supporting our event.

Hoofbeats & Heartbeats
4-H Club



CANADA
4-H British Columbia

Hoofbeats & Heartbeats 4-H Club

Members Wanted

**Sign-Up
NOW**

This 4-H club is a positive youth development program for
youth ages **6-21 years of age**.

**No Horse
Needed**

Club members will have an opportunity to:

- learn to do by doing
- experience feeding, husbandry, handling, riding, driving, and exhibiting horses in any discipline
- practice public speaking, demonstrations, educational displays, and judging
- engage in conversations and activities about healthy living, self-love, education, life skills, and responsibility
- earn high-school credits through their club work
- apply for scholarships, exchange programs, and internships
- attend horse clinics, trail rides, lessons, camps, and so much more



No horse? No problem, Unit A of the 4-H Horse Project does not require you to have a horse.



For more information contact:
Tawnie Fehr, 4-H Club Leader
info@fehranch.com
Erin Kishkan, 4-H Key Leader
kishkan@quesnelbc.com

☆ **Horsemanship, Leadership, Citizenship, and Friendship** ☆



SPRING SOCCER REGISTRATION IS OPEN NOW

**SEASON BEGINS INDOOR,
AND WILL MOVE OUTDOOR IN
EARLY MAY, WEATHER DEPENDENT**



Registration payments can be made in person or
by e-transfer to QYSAMS@gmail.com



REGISTRATION HAS BEGUN!
Register today until April 20th!

Birth years from 2005-2020

Online Registration form and EMT!

Season Starts in May.

Click here to register, or check out our website:
<https://forms.gle/T8p7xpth9AkN3q2E7>

www.quesnelminorbaseball.ca

<https://www.facebook.com/quesnelminorbaseballassociation>

qmbball@gmail.com