

# arlow Creek Newsletter

February 14, 2025 Ms. D.Telford, Secretary Ms. N. Danuser, Principal 816 Barkerville Highway, Quesnel BC V2I 6S6

Phone: (250) 992-5134 ž FAX: (250) 992-3146

#### PRINCIPAL'S MESSAGE

Dahooja Barlow Creek Families!

Happy Valentine's Day! We are over half way through our second term! Students have been celebrating the 100th Day of School this week with a variety of creative activities to explore the number 100.

Our BLAZERS focus for February is "Responsible" and students are working on making good choices, focusing on their work, doing the right thing and accepting the consequences of their actions.

Our primary classes had their first of three skating sessions this week and they all did a wonderful job making the most of their ice time. Sunachailya to the staff and families for supporting this event.

Sunachailya to our families for supporting our school and PAC fundraisers. We appreciate all that you do to support our school community.

If you have any questions or concerns please call the school.

Sunachailya,

Ms. Nancy Danuser, Principal

# Dressing for the Weather

We would like to remind ALL students to dress for the weather! Unless it is extremely cold (below -15C) we will be outside for lunch and recess. Wear layers, along with proper attire - such as, a warm jacket, snow pants, mittens/gloves, toque and boots!

Even on colder days we may still head outside because temperatures can change!

A change of clothes in your backpack is a great idea!

UPCOMING DATES:	
Family Day Stat—no school	Feb 17
PAC Meeting - 7:00pm library	Feb 20
K-3 skating 8:45-10:30	Feb 20, 27
Student Learning Surveys—4s & 7s	Feb 19
Kindness dance @ lunch PAC & Student Voice	Feb 21
Pink Shirt Day February Assembly—8:45 am	Feb 26
Hot Lunch-Hot Dogs	Feb 27
Troll Skiing Days	Mar 3, 6
School Spirit Day—dress as your favorite character	Mar 5
Science World—Fantastic Forces 1:15-2:00	Mar 7
Day Light Savings	Mar 9
Hot Lunch-Panago	Mar 13
Learning updates go home Term 2	Mar 13
SPRING BREAK	Mar 15-30
School back in Session	Mar 31

## **SLOW DOWN**

to 5km/h in the school parking lot please.

#### **Student Voice**

Our Student Voice students with the help of our Barlow Creek Elementary PAC will be hosting a Kindness dance at lunch on Friday, Feb. 21.



The next school spirit day will be March 5 – Dress as your

Favourite Character Day. You can dress as your favourite character from books, movies, or tv shows. For the month of February, Student Voice members are doing a Kindness Challenge and looking for students who are doing caring and kind acts. Each day students are recognized for their acts of caring on the morning announcements and get a prize.

## February 2025 -

# **ERASE Parent Sessions on Youth Substance Use**



The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson from <u>Open Parachute</u>, will host three, free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The <u>previous session</u> is not a pre-requisite for this session.

#### Key takeaways for participants during this session:

- Learn the factors that lead to substance use and mental health needs from a traumainformed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregivers

#### Participants must register in advance. Session dates are:

<u>February 20, 6:00-7:30 pm PST</u>—Click on link to register February 25, 6:00-7:30 pm PST—Click on link to register

February 26, 6:00-7:30 pm PST—Click on link to register

# SUBSTANCE USE PREVENTION:

# MENTAL HEALTH & DECISION-MAKING

A COMPLIMENTARY WEBINAR FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading adolescent Clinical Psychologist

Dr. Hayley Watson for an online event that aims to help parents, guardians and caregivers gain a deeper understanding of substance use prevention and learn practical tools for supporting youth mental health.



## **Key Takeaways:**

- Learn the factors that contribute to youth mental health/substance use
- Understand the skills that youth need to overcome these needs
  - Acquire practical tools for empowering your child and youth to make positive choices
- Increase your ability to support your own mental health

Time: 6-7:30pm PST

Date: 20th, 25th, 26th Feb 2025

**REGISTER NOW** 





#### QYSA Lunch time soccer

Sunachailya and thank you to Coach Ferrari from the Quesnel Youth Soccer Association for coming to do lunch time soccer with our intermediate students. We have some really good soccer players and we hope to continue playing soccer outside once the snow melts.



## **Community Visit**



Students in K-3 had a visit from RCMP Constable Connor Paul and he talked about stranger danger and ways to stay safe. Take some time to talk to your children about staying safe and not talking to strangers.



The 100th Day of School is a symbolic celebration of students' achievements during the academic year, especially in elementary school.

The event centers around the number 100, which helps develop learners' understanding and recognition of numbers up to 100.



## **BUS SAFETY**

AI NUN DAY

- 1. Sit facing front with your bottom right back
- 2. Stay in your seat, use quiet voice and keep hands to ourselves
- 3. Remain seated until the door opens
- 4. Let people in front of you go first

#### World Read Aloud Day - February

We had a wonderful time with our special guest readers to celebrated World Read Aloud Day at Barlow Creek. Sunachailya and thank you to SD#28 Board Chair Julie-Anne Runge, local author Angelina Gauthier, Quesnel Fire Chief Ron Reichert, RCMP Constable David Judge and Librarian Heidi Sumner. Thank you to Mrs. Brown and all the staff that help to support this great event.

The classes enjoyed the stories and getting to know our community members. After recess we had a school-wide read-in with students reading with buddies throughout the school. Take time to read with your children everyday.



# **Backpack Buddies**

# Please remember to return your backpacks!!

# **PAC News**

Thanks to everyone who supported our Krispy Kreme fundraiser!

Thank you to the Anonymous donor of a Krispy Kreme donut for every student and staff member. Your generosity is greatly appreciated!

The PAC has graciously donated a glow stick to each student for a Valentine's Day surprise.

PAC & Student Voice will be hosting a kindness dance at lunch on **Friday**, **February** 21.

PAC meetings are the third Thursday of every month.

Next meeting: Thursday, February 20, 2025 at 7pm in the library.

# **February is Black History Month**

The theme for Black History Month in 2025 is "Black Legacy and Leadership: Celebrating Canadian History and Uplifting Future Generations"

# KIDZ ART

KidzArt is an Elementary School Art Show.

Kidz Art is set to run from March 13 to April 3, 2025

We have displays at the Quesnel & District Arts Museum from the following students:

Isaac Simms, Hannah Lepetich, Gemma Smith-Gourlay, Owen Leary, Duncan Hawkridge, Marlon Tataryn, Autumn Lepetich, Wyatt Losier and Christopher Moxam.



Each month we do a draw for all of the students who received BLAZERS for the month. Students can get BLAZERS from the adults at school who see them demonstrating being brave, learners, accepting, zippy, earthly, responsible and self-aware. The January draw winners were Ryker Lord for being Responsible and returning items he borrowed, Noelle Simms for being Zippy and doing an awesome job cleaning and volunteering in the equipment room, Quinn Everett for being Responsible for turning in a light to the office that she found in the forest, Serenity Hawkridge for being Responsible for bring an object she found to the office, Sage Stitt for being Responsible by being such a great helper, and Jordan Moore for being Zippy and helping shovel the gym exits. Way to go Barlow BLAZERS!

# Dakelh Language and Culture

Practice some Dakelh with your children.

lanezyi talook- ten salmon

Nd'i tsa lhuki ho'e.n – I saw one beaver

**tsilyaz bunun** - February – time of the small snowflakes

Nd'I sus nankoh ho'en – I saw two bears

**Cultural Visit** 

Several classes had visits from

Chelsey Burbee this week. Mrs.

Burbee shared knowledge about the seasonal round as well as the Nuxalk Dakelh Grease Trail. Students engaged in a variety of activities to explore local knowledge and history.

#### **UTENSILS:**

Please remember to send the required utensils for your children's lunches.

Be sure to send **WATER BOTTLES** and **SPOONS**. Thanks in advance.



# Online Safety

Please take some time to talk with your children about safe online behaviour. Here are somethings you can do to support your children to be safe online:

- Turn off the in-game chat features
- \* Help your child set up the games and monitor how they are using it.
- \* Take time to understand how the game works
- \* Don't use your child's name when signing up, use a screen name.
- \* Talk to your child about the dangers online what to look out for.
- Remind your child not to only play online with people they know.

Make sure your children aren't sharing personal information like names, where they live, age, school they attend, etc



# **Monthly Library Awards**

# **Exceptional Library Class**

January's Exceptional Library Class award goes to Mrs. Kimmie's grade K/1 class for being enthusiastic about non-fiction books and having the best singing voices.



# **Top Library Patrons**

These are awarded to keen readers who regularly check out books and are enthusiastic about library.

January's Top Library Patron are Gavin Dexter, Hannah Lepetich and Brayley O'Flynn. These students are keen readers and make the most of their library time.



We decided that families needed something fun to do on family day and after a vote, our union decided to "pool" our resources to sponsor a free swim and skate so your family could "glide" through the day and have some fun! Oh, did we mention that it's free!

# Quesnel & District Arts & Recreation Centre

Between Ipm-3pm come and enjoy a free swim with your family. Popcorn



and hot chocolate will be available for free.

#### Arena #2 - 500 Barlow Ave

Grab your skates and between 10am-12pm come enjoy a free skate on us! Popcorn and Hot Chocolate provided for free!

# **CUPE 1050**

**Quesnel Municipal & Recreation Workers** 

#### SPONSORED EVENT

FREE FAMILY DAY
SKATE OR SWIM

February 17, 2025





Giving back to the community

CUPE 1050

Quesnel Municipal & Recreation Workers



# TERRIFIU TIMOS!

# Was your child born in 2022 or 2023?

Please join us for a chance to engage in fun activities, explore community supports, and connect with other families with 2 year olds.

Date: Friday, February 21st

Time: 10:00am to 1:00pm

Location: North Cariboo Metis Association
388 Anderson Dr.

To sign up, please call Debbie: 250-992-8858



# STUDENT LEARNING SURVEYS

All parents of grade 4, 7, 10, and 12 are asked to complete the survey each year. Here is the link for the survey:

http://www.bced.gov.bc.ca/sat\_survey/access.htm

There is no logon code required. Parents scroll to the parent section and enter our school district #28 Quesnel and the survey will begin.

It takes about 30 minutes to complete the survey and you have until May 3, 2024 to complete it.

January 8, 2025



Dear Parents and Guardians/Caregivers,

The Student Learning Survey (SLS) has been administered every year in B.C. public schools since 2001. Prior to 2016-17 it was known as the Student Satisfaction Survey. The SLS provides feedback on the implementation of the curriculum changes, learning environment, student wellness and satisfaction, student belonging and engagement, and career preparation. The SLS is the only source of province-wide information about students' learning experiences through the perspectives of students, parents, guardians/caregivers, and school staff. Schools and districts use the SLS to make informed decisions around long-term planning and goal-setting, and in providing individual students personalized support.

The parent and guardian/caregiver survey is now available online and is available in 18 different languages. The survey will be available until Friday, May 2nd, and will take approximately 30 minutes to complete. Your responses are voluntary and anonymous, and your child will not be identified as a result of your participation in the survey. Any personal or identifying information will be deleted before results are stored. Data will be stored and accessible only within Canada.

#### To complete the survey:

- Go to any computer that has an up-to-date internet browser access at home, work, or school.
- Go to www.bced.gov.bc.ca/sat\_survey/access.htm
- Click on the Parents icon for Direct (logon-free) Access
- District: the name of your child's district
- School: the name of your child's school
- Language: the language of your choice
- Complete the survey by clicking on the appropriate circle to answer each question and click "NEXT".
- When you are finished the survey, you will get a message "Thank you for sharing your views".
- Once complete, your school will have the results immediately.

Please contact the web survey provider (AWIS) if you have technical difficulties; call toll free: 1-866-558-5339 or email <a href="mailto:support@awinfosys.com">support@awinfosys.com</a>. If you have questions about the survey, you can email <a href="mailto:EDUC.ReportingUnit@gov.bc.ca">EDUC.ReportingUnit@gov.bc.ca</a>

We greatly appreciate your input and thank-you in advance for your participation.

Sincerely,

Emilie Sia

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Senior Economist, Research, Analytics and Engagement (RAE)
Governance and Analytics Division, Ministry of Education and Child Care
Emilie.Sia@gov.bc.ca

# Show your stuff in the 2025 Quesnel Speech and Dramatic Arts Festival

by entering one or more of these as a performer:

Poetry
Drama – traditional or Shakespeare
Prose
Creative Writing
Storytelling or Story Reading
Reader's Theatre
Sight Reading
Choral Speech
Mime
Public Speaking

Improvisation (acting, storytelling, or public speaking)

Register by: February 14th 2025

Syllabus (rules, entry forms, info) on website: <a href="mailto:qfpa.org">qfpa.org</a>
Speech Arts Contact: Dora Stobbe

<a href="mailto:qfpa.speech@gmail.com">qfpa.speech@gmail.com</a> or phone 250 747 0313

Festival Dates: April 14 - 16 (Mon to Wed)

Venue(s): Quesnel Schools and Quesnel Library Programme Room

For ages 5 to 105.

Kindergarten Screening will be done at Welcome to K in May / June 2025

All children need to have their immunization brought up-to-date prior to Kindergarten entry.

Please contact Northern Health Authority after May 1, 2025 @ 250-983-6850

# Kindergarten Registrations closes March 14th, 2025

































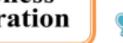














Official BC Chess Federation Provincial Tournament Mar 22 – 23, 2025, Bonsor Recreation Complex (Burnaby)

# Do You Know Chess ...?

- Improves Creativity, Memory, Problem-solving Skills, Concentration
- Teaches Planning and Foresight, Decision-making, Logic and Reasoning
- Is Fun, Fun, Fun and Challenging

## BC Youth CHESS CHAMPIONSHIP 2025 (BCYCC)

Open to all B.C. Juniors (born after: Jan 1, 2007), Limited 300 seats Qualifier for the 2025 Canadian Youth Chess Championship (CYCC), Surrey, BC 6 Open Sections by Age and 6 Girls Sections by Age:

- Open Sections Under 8, Under 12, Under 14, Under 16, Under 18
- Girls Sections Under 8, Under 12, Under 14, Under 16, Under 18

Guaranteed CYCC subsidy & trophies with more than 210 total entries, for the top 5 players in Open sections & Top 2 players in Girls sections (Total \$6,150)

Bonsor Recreation Complex (Banquet Hall), Burnaby [Free Parking] Location:

Skittles/Waiting: Arts Room, MP1 & MP2 (accommodates 190 people)

Date: March 22-23, 2025 (2-day event)

Organizer: Chess2Inspire Association

Stephen Wright (FIDE International Arbiter) Chief Arbiter:

# PRE-REGISTRATION Required

# Online Registration Only: Early Bird Ends Feb 23<sup>nd</sup>

Details & Pre-register online at:

http://chess2inspire.org/bcycc-2025

Chess2Inspire Association & BC Chess Federation are registered non-profit organizations promoting chess to BC communities











