



# Barlow Creek Newsletter

Ms. N. Danuser, Principal

May 16, 2025

Ms. D. Telford, Secretary

816 Barkerville Highway, Quesnel BC V2J 6S6

Phone: (250) 992-5134 □ FAX: (250) 992-3146

## PRINCIPAL'S MESSAGE

Dahooja Barlow Creek Families!

We are clearing the halfway mark of our final term of the school year. Last week, students brought home informal learning updates to let you know where they are at in their learning journey. It is wonderful to see the progress they have made this year.

We are looking forward to many engaging learning activities until the end of the school year. Please make sure to check our school webpage, <https://barlowcreek.sd28.bc.ca/> for a digital copy of our newsletter as well as information about upcoming events.

We are excited to participate in the Canadian Cancer Society's Sun Sense Challenge, we are learning how to stay safe while playing outdoors through a variety of activities. Check out our Sun Sense Tips on our school webpage.

In May, we have been doing a BLAZERS Blitz and celebrating all of the BLAZERS! Students are continuing to learn about ways to be Brave, Learners, Accepting, Zippy, Earthly, Responsible and Self-Aware. We will acknowledge a student from each class who demonstrates all of the BLAZERS at our May 26 Assembly. Go BLAZERS!

Sunachailya to Barlow Creek Elementary PAC. We are grateful for everything you do for our school.

Sunachailya,  
Ms. Nancy Danuser,  
Principal



## ***Dressing for the Weather***

Reminder to send a change of clothes in your backpack. Please bring a hat to school for sunny days to protect us from the sun when we are outside.

## **UPCOMING DATES:**

Victoria Day Holiday	May 19
Fire Safety House	May 20
Track and Field (rain out day)	May 22 May 23
Primary Swimming—5 Fridays @ 9:30 to 12:30	May 23,30
Student Voice—lawn games	May 23
May Assembly—12:50pm	May 26
School Spirit Day—Anything but a backpack	May 27
Hot Lunch—Hot Dogs	May 28
Soak-A-7 @ 1:00pm	May 30
Welcome to K—3:00-4:00 pm	Jun 4
Wheelchair Sports	Jun 4
Non-instructional Day—No School	June 6
School Spirit Day-Crazy Hair Day	Jun 16
PAC Fun Day	Jun 20
National Indigenous Peoples Day @ Lhtako Dene Park	Jun 21
PAC & Student Voice Year End Dance @ lunch	Jun 23
Grade 7s QJS Orientation Day	Jun 24
Year End Assembly LAST DAY OF SCHOOL Learning Updates go home @ end of the school day	Jun 25
1st day back	Sep 3

## FIELD TRIPS: (subject to change)

May 28 — Salmon Release — BC3

June 8 — Richbar Nursery — BC1, BC2

June 9 — Museum & WF Timber Park — BC5

June 13 — Barkerville — BC4

tbd — Xsatsull Heritage Village — BC3



PLEASE  
COME AND  
CHECK  
THE LOST  
& FOUND

## PAC NEWS

Upcoming Events:



PAC & Student Voice  
Year End Dance **June 23** at lunch

PAC Fun Day **June 20 10am to 2pm** PAC will  
be providing lunch for all students.

More details to come....

Next PAC Meeting

Thursday, September 18, 2025

## Dakelh Language and Culture

Here are some new words for you to practice in Dakelh/Southern Carrier:

**Ndi dulkw'ah Ihtakalti hoen.** I saw seven frogs

**Ndi spalyan Ihk'ut-dink-ih hoen.** I saw eight eagles

**Dulgiyaz Hadulh Bunun.** May – time of the sucker fish

**Ndi dluk Ihuk'l hooloh hoen.** I saw nine squirrels

Chelsey Burbee has will be continuing to visit us and support some of our out of school learning experiences. Ms. Harrington, our Indigenous Education Support Worker had a celebration with our Line Dancing Club recently. They will be doing a performance at our May 26 Assembly. Sunachailya for sharing your knowledge with us. Ms. Harrington also did a walk with students on May 5 to commemorate Red Dress Day in memory of the Missing and Murdered Indigenous Women and Girls. May 15 is the Moose Hide Campaign and Ms. Harrington shared about how the campaign started and that everyone has a responsibility to end violence against women and children. Over 5 million moose hide pins have been handed out since the campaign began in 2011.



## **WATER BOTTLES!!**

Please remember to send the required **UTENSILS** for your children's lunches.

Be sure to send **WATER BOTTLES** as the weather warms.



Thanks in advance.

## **BUS SAFETY**



1. Sit facing front with your bottom right back
2. Stay in your seat, use quiet voice and keep hands to ourselves
3. Remain seated until the door opens
4. Let people in front of you go first

## **Bus Passes**



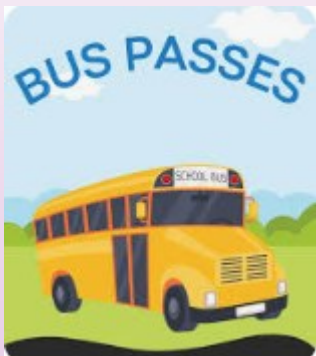
Students **need** to be using their bus passes to get on and off the buses. The school district is legally responsible for taking attendance on buses.

If students need a replacement bus pass, please contact the Transportation Department at 250-992-8361.



## **Bus Passes**

This is a reminder that students and their families **need** to retain their current bus passes during the summer holidays, as these passes will remain valid for the following school year.



**KEEP YOUR BUS PASSES!**







## Student Voice

This month Student Voice is hosting lunch lawn games on **May 23** and School Spirit Anything but a Backpack Day on **May 27**. Make sure to bring your lunch and planner to school in anything but a backpack!!!

## Salmon Release

Ms. Gauthier's class had an opportunity to learn and understand the life cycle of a salmon and connect with nature and local culture.



Students have been raising the salmon from eggs to the fry stage. The release will be a celebration of the salmon returning to the river on **May 27, 2025**.

If you look closely you can see the salmon swimming

## Cross-Country Running

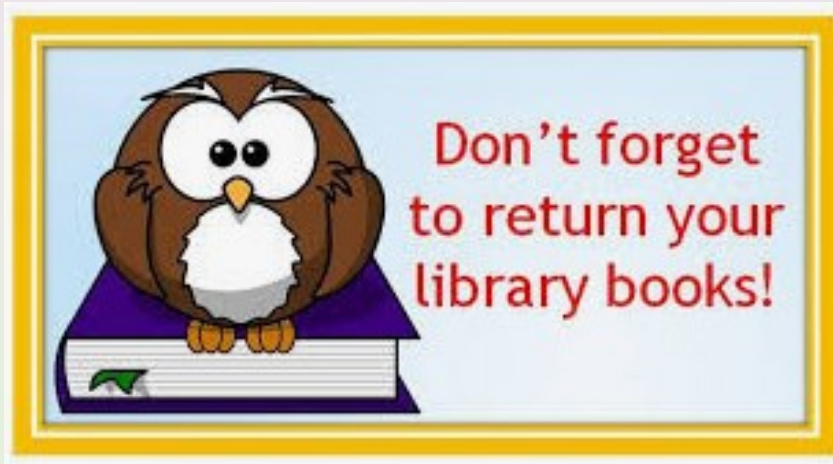
Ten Mile Lake—May 15, 2025

Congratulations to **Autumn Lepetich, Arna Everett, Victor Moxam** and **Dominik O'Flynn** for doing a great job representing Barlow Creek Elementary at the Ten Mile Lake Cross Country Run this week.



Thank you to **Ms. Bruce** for taking this on and supporting our runners.





We are having a bookmark contest and everybody will be able to vote for their favourite bookmark on May 29th. Participate! You can get a template from the library to make your bookmark. After you design your bookmark turn it in. Don't forget to write your first and last name and grade on the back of the bookmark. You have to turn in your bookmark to the office by May 27.

**By Beckham Wray and Milana Volynskaia**

## Backpack Buddies



**Please remember to return your backpacks !!**



## Monthly Library Awards

### Top Library Patrons

These are awarded to keen readers who regularly check out books and are enthusiastic about library. April's Top Library Patron are **Autumn Spicer**, **Kye Sword-Dagneau**, and **Hunter Dillabough**. These students are keen readers and make the most of their library time.



### Exceptional Library Class

The Exceptional Library Class was awarded to Mrs. Kronebusch's class for being so diligent with their book returns and using manners. Great job learning and exploring our nonfiction books.

# AIR QUALITY HEALTH INDEX

Learn what the **air quality** around you means to your **health**



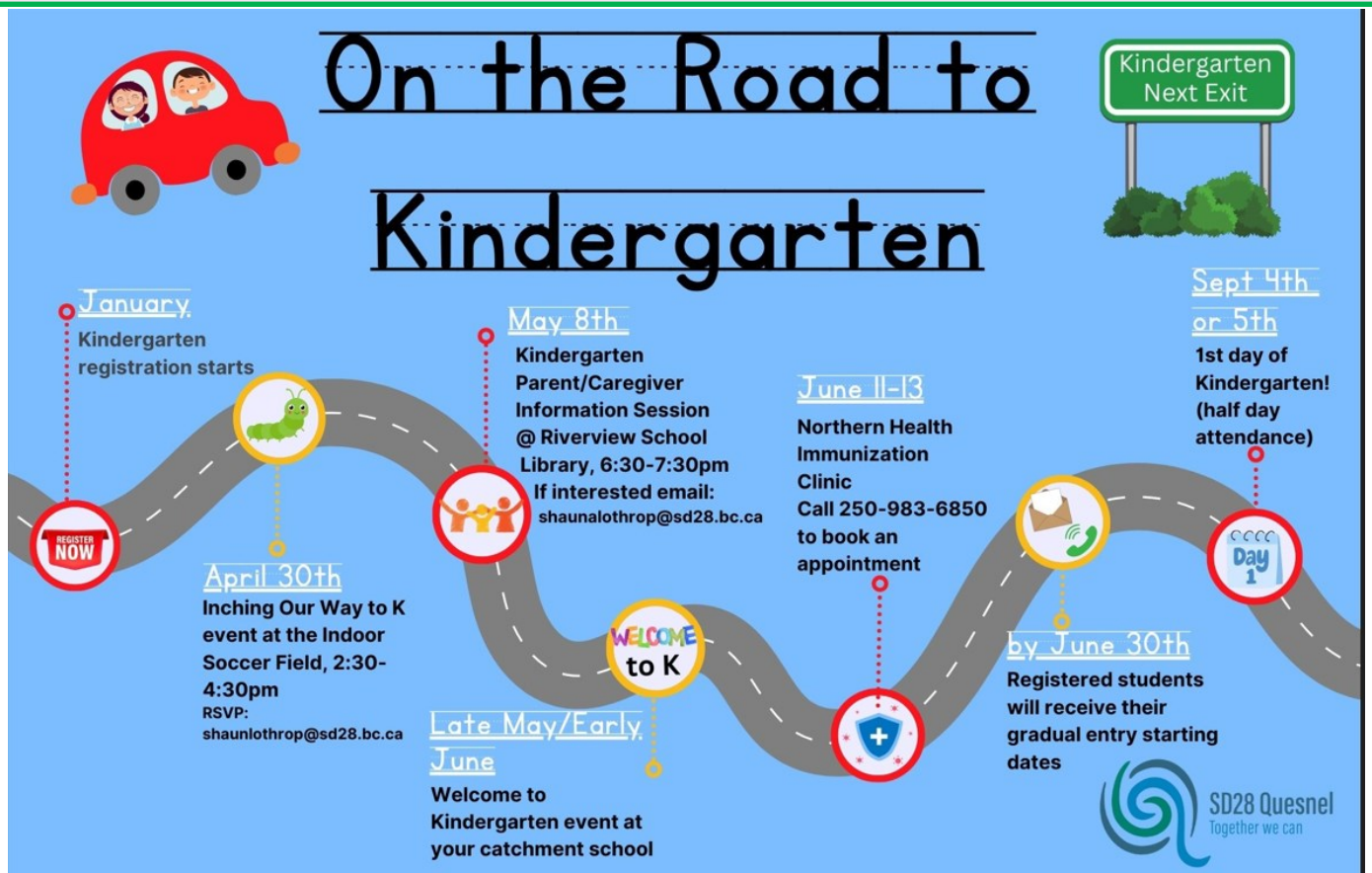
## AIR QUALITY

In the event that there are air quality advisories, we will use the guidelines below when deciding if students should remain indoors.

**Level 0-7** = kids go outside

**Level 7-10** = kids can go outside for recess and lunch but discourage running play but no PE/running

**Level 10+** = consider inside day





2025 JUNO AWARD WINNERS

# SNOTTY NOSE REZ KIDS



SATURDAY  
**JUNE 7**  
7:30 PM

DOORS OPEN AT 6:30 PM  
WEST FRASER CENTRE

TICKETS: \$40 EACH (plus fees)

ALL AGES WELCOME

BUY TICKETS ONLINE

Scan QR code or go here: [loom.ly/veV3m30](https://loom.ly/veV3m30)

Questions can be directed to Ksenya at:  
[canmakeithappen.events@gmail.com](mailto:canmakeithappen.events@gmail.com)



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Canadian  
Cancer  
Society



MELANOMA  
CANADA

# JOIN THE SUNSENSE CHALLENGE!

PROMOTING SUN SAFETY DURING SKIN CANCER AWARENESS MONTH

Dear Parents,

As we welcome the warm and sunny days of spring, we are excited to let you know that we are participating in the Canadian Cancer Society's SunSense Challenge! This initiative is part of Skin Cancer Awareness Month in May and it aims to educate and encourage staff, students, and families to adopt sun safe behaviours.

## What is the SunSense Challenge?

Throughout the month of May, we will be incorporating educational activities and information to help students learn about sun safety and get in the habit of doing specific sun safe behaviours to stay protected from the harmful effects of ultraviolet (UV) radiation.

## Why is Sun Safety Important?

Exposure to UV rays from the sun is a leading cause of skin cancer. By practicing sun safe behaviours, we can significantly reduce the risk of developing skin cancer and other sun related damages. Teaching children about sun safety now can help them develop lifelong habits that protect their health.



Research shows  
early childhood exposure to  
**ULTRAVIOLET  
RADIATION**

is a significant contributing factor  
to developing skin cancer later in life.



Skin cancer is one  
of the most common  
types of cancer and is

**HIGHLY  
PREVENTABLE!**



As little as

**ONE  
SUNBURN**

during childhood can  
increase risk of skin cancer



## HOW CAN PARENTS HELP?

Parents play a crucial role in instilling sun protection practices in their children. Here are some ways you can contribute:

### EDUCATE ABOUT THE UV INDEX

Learn about the UV Index and teach your children to use it to plan sun protection strategies. Higher UV levels mean greater risk for skin damage, so adjust outdoor activities accordingly.

### USE THE 5 S'S OF SUN SAFETY

Teach your children about the 5 S's of sun safety:

#### SLIP

Slip on protective clothing, such as long-sleeved shirts and pants, to shield your skin from UV rays.

#### SLOP

Slop on broad-spectrum sunscreen with an SPF of at least 30, and remember to reapply it every two hours, especially after swimming or sweating.

#### SLAP

Slap on a wide-brimmed hat that shades your face, neck, and ears.

#### SEEK

Seek shade during peak sun hours, typically from 11 a.m. to 3 p.m., to minimize direct sun exposure.

#### SLIDE

Slide on UV-protective sunglasses to protect your eyes from harmful rays.

### DAILY SUN PROTECTION FOR KIDS

It's one thing to tell kids about sunscreen, protective clothing, wearing their hats, etc., but they can't do these things easily if they get to school without them.

Please make sure that your children are prepared for outdoor play by:

- Putting on and packing sunscreen in their backpacks.
- Providing protective clothing like long-sleeved shirts, pants, wide-brimmed hats, and UV protective sunglasses.

Outdoor play is very important and by taking these steps, we can all help ensure children are protected from harmful UV rays while enjoying outdoor activities at school.

### LEAD BY EXAMPLE

Children often imitate their parents. Practicing sun safety sets a positive example for children to follow. Over time, incorporating sun safety into daily routines will help children get accustomed to thinking about and protecting themselves from sun exposure.

### HELP US DURING THE SUNSENSE CHALLENGE!

We invite all families to participate in the SunSense Challenge by increasing their sun safe practices during the month of May and beyond. Together we can make a difference in children's health and wellbeing and reduce the risk of skin cancer later in life.

Thank you for your support and participation.

Check out the resources for parents on the SunSense website.





**EUROPEAN FOOTBALL SCHOOL**

# **SOCCER CAMP**

**U6-U18 DIVIDED INTO 2 SESSIONS**

**JULY 30-AUG 1, 2025**

**OUTDOOR- QUESNEL YOUTH SOCCER ASSOCIATION  
ALL SKIL LEVELS WELCOME!**

**REGISTER HERE**

## **SCHEDULE**

KIDS WILL BE DIVIDED INTO 2 GROUPS BASED ON AGE AND NUMBERS. THE YOUNGER KIDS IN GROUP 1 OLDER KIDS IN GROUP 2.

**WEDNESDAY JULY 30TH: GROUP**  
1: 9:00AM - 10:30AM & 4:30PM-6:00PM  
GROUP 2: 10:30-12:00 & 6:00-7:30

**THURSDAY JULY 31ST: GROUP 1:**  
9:00AM - 10:30AM & 4:30PM-6:00PM  
GROUP 2: 10:30AM - 12:00PM &  
6:00PM - 7:30PM

**FRIDAY AUG 1ST: GROUP 1: 9:00AM -**  
10:30AM GROUP 2: 10:30AM - 12:00PM



**ALSO SEE OPTION TO JOIN WILLIAMS LAKE CAMP AS WELL  
AT A DISCOUNTED RATE!**

## **MORE INFORMATION :**

**<https://europeanfootballschool.com/summer-camps/>**





# QUESNEL SPECIAL OLYMPICS IS HOSTING A



## BALL HOCKEY TOURNAMENT

**SATURDAY May 24**  
**9:30 AM–5 PM**



**WEST SIDE RINK ON  
LEWIS DRIVE**

**4 on 4 Hockey**

**Prizes To Be Won**

**Maximum 12 Teams**

**Guaranteed 3 games**

**30 Minute Half Court Games**

**Registration Fee is \$150 Per Team**

Players aged 8 & up: no limit to the number of players on a team.

As a Special Olympics organized event, one or more Special Olympic Athletes may be added to your roster at registration.

**Contact Laura Hender to register**

**[sinder@telus.net](mailto:sinder@telus.net)**

**250 255-4627**

**Proud Community Supporters**





# Free Program for Youth Girls age 10-12

## Go Girls! Healthy Bodies, Healthy Minds!

Join us for a week of fun and friends! Go Girls is a group where youth girls can make friends,  
have fun, eat healthy, and play games.



July 7<sup>th</sup> - 10<sup>th</sup> & August 11<sup>th</sup> - 12<sup>th</sup>  
11am-2pm  
Sign Up today!

Call Big Brothers Big Sisters of Quesnel for registration  
@ 250-992-7257 or email [k.schindle@bigbrothersbigsisters.ca](mailto:k.schindle@bigbrothersbigsisters.ca)

### Goals:

This program is intended to help youth girls improve their self esteem, Learn new things about themselves, Make positive friendships, Learn about healthy eating, and how to positively deal with stress.

Go Girls is led by trained mentors that care, are role models, and make a difference.

### Throughout the week we will focus on:

Active Living  
Balanced eating  
Feeling Good

We will explore these ideas each day with a different topic.

We provide snacks and lunch

Games  
Team building activities  
Fostering friendships  
Safe space where you can just be you!



Big Brothers  
Big Sisters  
OF QUESNEL