



Barlow Creek Newsletter

Ms. N. Danuser, Principal

April 17, 2026

Ms. D.Telford, Secretary

816 Barkerville Highway, Quesnel BC V2J 6S6

Phone: (250) 992-5134 □ FAX: (250) 992-3146

PRINCIPAL'S MESSAGE

Dahooja Barlow Creek Families!

Happy 'Olulh/Spring! Our final term is filling up with wonderful learning experiences in and out of school.

Our Student Voice group is excited to host a Talent Show on June 8.

Our BLAZERS for March and April is RESPONSIBLE. Being responsible means following the rules and doing the right thing. Responsible students are reliable and do what they say they will. In May our BLAZERS focus will be SELF-AWARE. Way to go Barlow Blazers!

Sunachailya to our amazing and generous PAC. We had so much fun at the Easter Egg Hunt! We are grateful for everything you do to support us in our learning and growing.

Sunachailya to our families for your continued support.

Sunachailya,
Ms. Nancy Danuser
Principal



Dressing for the Weather

On sunny days we ask that students wear a hat, sunglasses and sun-safe clothes to protect them from the sun. Please do not send sunscreen to school. Please send a change of clothes in your child's backpack.

UPCOMING DATES:

Soap Berry Cultural Activity with Chelsey Burbee	Apr 17
Scholastic Book Fair 11:50—12:15 & 2:25—3:00	Apr 20—23
Apparel orders due NO EXCEPTIONS	Apr 22
Earth Day School Clean Up @ 11:20	Apr 22
School Spirit Jersey Day Wear your team gear!	Apr 22
Regional Professional Development Day - No School	Apr 24
April Assembly—10:20am	Apr 27
Frozen Yogurt Sales @ 11:50	Apr 28 - 30
Inching to Kindergarten 2:30—4:30 @ Indoor Soccer field	Apr 29
Hot Lunch—Panago	Apr 30
Jump Rope for Heart 1:30pm	May 1
Student Voice PAC Dance 11:47—12:20	May 4
Informal Learning Updates	May 4 - 8
Primary Swimming—5 Fridays @ 9:30 to 12:30	May 8, 15, 22, 29 & Jun 5
Hot Lunch—Subway	May 13
Victoria Day	May 18
PAC Meeting @ 6:00	May 20
Track and Field @ CSS May 22 rain day	May 21
School Spirit Day—Crazy Hair Day	May 27
Hot Lunch—Hot Dogs	May 28
May Assembly 8:45	May 29

JUMP ROPE FOR HEART

MAY 1, 2026 @ 1:30PM

Our fundraising goal is \$200. If we reach our goal, there will be a draw for one student to throw a pie at Ms. Danuser! Here is the link for our school donation page for Jump Rope for Heart <https://jumpropeforheart.crowdchange.ca/114127>



PAC News

Thank you to everyone for supporting our Make It Sow Seed Fundraiser! We sold enough seeds to have 10 trees planted on behalf of the school and PAC.

Krispy Kreme coming in May!

PAC meetings are the third Wednesday of every month.

Next meeting: Wednesday, May 20, 2026 at 6:00pm in the library.

Thank you to the PAC for helping with costs for field trips and transportation and everything else you do for us.

DOMINOS School Fundraiser

You get 25% off all menu items and the school gets 20% of the sales.



Allergy Alert

We are peanut and shellfish free. Please refrain from sending food that includes these ingredients.

All SD #28 buildings are scent free.

STUDENT LEARNING SURVEYS

All parents of grade 4, 7, 10, 11, and 12 are asked to complete the survey each year. Here is the link for the survey:

http://www.bced.gov.bc.ca/sat_survey/access.htm

There is no logon code required. Parents scroll to the parent section and enter our school district #28 Quesnel and the survey will begin. It takes about 30 minutes to complete the survey and you have until **May 1, 2026** to complete it.

Bus Passes



Students need to be using their bus passes to get on and off the buses. The school district is legally responsible for taking attendance on buses. If students need a replacement bus pass, please contact the Transportation Department at 250-992-8361.



BUS SAFETY

1. Sit facing front with your bottom right back
2. Stay in your seat, use a quiet voice and keep hands to yourself.
3. Remain seated until the door opens
4. Let people in front of you go first

Barlow Swag!!!

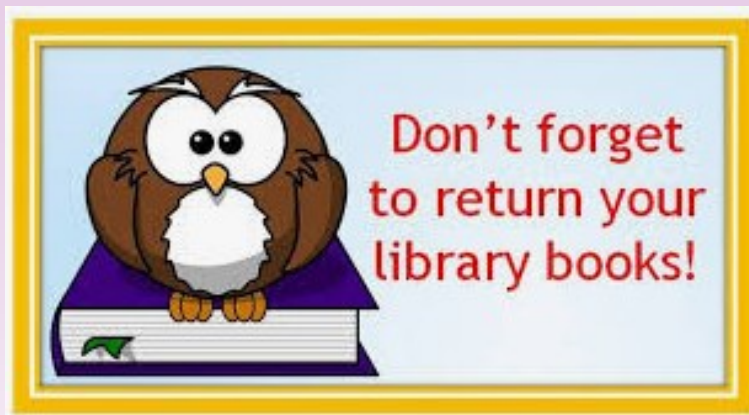
Orders due Wed, April 22

School swag fundraiser



- Hoodies
- T-shirts
- Shorts
- Jogging Pants (grey only)
- Ball caps





SUNSENSE TIP:

Stay cool and keep your skin safe in the sun – wear loose, light-coloured, light-weight clothes that cover your arms and legs!



For more sun safety information visit sunsense.ca



Canadian
Cancer
Society

Dakelh Language and Culture

Here are some new words for you to practice in Dakelh/Southern Carrier:

DAKELH

Ndi goh lhuki hooloh ho'en – I saw nine rabbits.

Neshen Suli – April – Time of the melting snow

Ndi talook laneyzi ho'en – I saw ten salmon.

This week Arlene Horutko was here to share Dakelh/Southern Carrier language lessons with our students. They continue to learn greetings, numbers, colours, and animals through a variety of activities. Sunachailya Mrs. Horutko!

Chelsey Burbee will be here April 17 to teach students about Soap Berries and cultural activities related to them. Students will get a chance to try Soap Berry Ice Cream.

UTENSILS:

Please remember to send the required utensils for your children's lunches.

Be sure to send **WATER BOTTLES** and **SPOONS**.

Thanks in advance.



Backpack Buddies

Please remember to return your backpacks!

Safety Drills

For safety we have a number of drills we are required to complete each school year. Fire, intruder/lockdown, gas leak and earthquake drills are done throughout the year. Typically, we do not give advance notice of drills. If your child may need advance notice please let their classroom teacher know.



SUPPORT AVAILABLE

Intimate images Support available for those dealing with intimate images posted online <https://takebackyourimages.gov.bc.ca/> (cases of sextortion and protecting children with changing laws).

Online Safety

Please take some time to talk with your children about safe online behaviour. Here are some things you can do to support your children to be safe online:

- * Turn off the in-game chat features
- * Help your child set up the games and monitor how they are using them.
- * Take time to understand how the game works
- * Don't use your child's name when signing up, use a screen name.
- * Talk to your child about the dangers online and what to look out for.
- * Remind your child to only play online with people they know.

Make sure your children aren't sharing personal information like names, where they live, age, school they attend, etc.

SunSense Challenge

For the month of May we will be participating in a Sun Sense Education

Program from the Canadian Cancer Society.

Stay tuned for more info about Sun Safety.

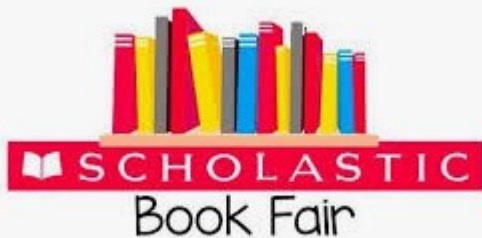


EARTH DAY

First held on April 22, 1970, Earth Day is an annual event on *April 22* to demonstrate support for environmental protection. This year's theme is Planet vs Plastics.



Ms. Harrington has wrapped up her Guitar and Line Dancing groups and they celebrated with a pizza lunch! Sunachailya to all of the participants. Sunachailya to Ms. Harrington for all of her time and guidance. Sunachailya to Ms. Lynda for the wonderful certificates to acknowledge the students commitment. Thank you Ms. Harrington



April 20 - 23

11:50am - 12:15pm

2:25pm - 3:00pm

On the stage at the
school

Cash/Debit/Credit
accepted

Student Voice Talent Show Monday, June 8 at 10:30 am

Sign up by April 17, first auditions
April 29 at lunch, second auditions
May 27 at lunch.

Get ready to show your talent!



Every School Day Counts

Importance of Regular attendance

- ◇ Academic success and preparation for the future.
- ◇ Fosters social and emotional development.
- ◇ Establishes positive habits and routines.

Attendance Hacks

1

Establish a daily routine



- Set morning and nighttime routines to ensure your child gets enough sleep and is ready for school each day.

2

Create a positive environment



- Foster a supportive environment at home so your child feels comfortable discussing any concerns about attending school.

3

Monitor your child's attendance



- Prioritize school by keeping track of your child's attendance and address re-occurring patterns.

4

Communicate with the school



- Communicate any planned absences with your school ahead of time to keep the lines of communication open.

5

Address the barriers



- Identify and address any obstacles that may be hindering your child from attending school regularly.

6

Encourage Involvement



- Support your child to participate in extracurricular activities which will foster a sense of belonging while in school.

7

Celebrate Milestones



- Recognize and celebrate both big and small achievements to motivate and reinforce positive behaviour.

8

Ask for help if needed



- Is your child still struggling with attending school? Reach out and ask about supports in the school and community.

Let's Start Here

There are three things you can do to give your child the best opportunity for success.



Diet - There is a direct correlation between proper nutrition and academic performance in school. Start the morning with a healthy breakfast.



Sleep - One reason students miss school is because they do not get enough sleep. Getting the recommended amount of sleep improves concentration, focus and overall academic success.



Exercise - Did you know that exercise stimulates the brain? Exercise also improves cognitive performance, reduces stress and anxiety, and improves sleep.

Source: www.oacas.ca

Kindergarten Screening will be done at Welcome to K in May / June 2026

All children need to have their immunizations brought up-to-date prior to Kindergarten entry. Please contact Northern Health Authority after May 1, 2026 @ 250-983-6850



School District 28

KINDERGARTEN REGISTRATION

**Opens February 2, 2026 at
your catchment school**

**FOR REGISTRATION IN FRENCH
IMMERSION, PLEASE CONTACT ÉCOLE
RED BLUFF LHTAKO AT 250-747-2634**

**Children must
turn 5 years old
in 2026**

Required Documents:

- Long Form Birth Certificate**
- BC Services Card**
- Proof of Address (2 pieces)**

For more information, please contact
your catchment school or the
school District board office

For immunization, please contact NHA
Community Health Services 250- 983-6850



School District 28
401 North Star Rd Quesnel,
BC V2J 5K2

250-992-8802

www.sd28.bc.ca

info@sd28.bc.ca



Are you interested in caring for children & youth?

JOIN OUR FOSTER CAREGIVER COMMUNITY.

We are seeking nurturing homes that can offer temporary inclusive care to children and youth, including those with support needs.

Caregiving is a rewarding position, and you won't be alone; additional financial resources and support are available to help you provide care.

Every child and youth deserves a safe place to belong, a home where they feel valued, understood, and cared for.

Make a lifelong difference to a child and youth today.

If you are interested in becoming a foster caregiver, please scan the QR code or visit:
[Foster Caregiving - Province of British Columbia](#)





INCHING OUR WAY TO K



All parents and children who will be attending SD28 Kindergarten in September 2026 are invited to join us for fun activities and snacks!

When: **Wednesday, April 29th**
between **2:30 - 4:30pm**

Where: **Indoor Soccer Facility**
(980 Anderson Dr)

RSVP:

shaunalothrop@sd28.bc.ca



Quesnel Aquatic Club's Summer Season Registration IS NOW OPEN



May 4 - Jun 16
or
Jun 17 - Jul 18

Pups Program

Age: 4 to 6
2 swim days/week
6 week program
Swim: Mon & Wed or Tue & Thu

Super Pups Program

Age: 6 to 9
2 swim days/week
6 week program
Swim: Mon & Wed or Tue & Thu



May 4 - Aug 2

Elite Program

Age: 7 to 18
[up to] 5 swim days/week
13 week program
Includes: 4-month Rec Pass!

Flex Program

Age: 7 to 18
2 swim days/week
13 week program
Swim: Tue & Thu



quesnelaquaticclub.teampages.com



quesnelaquaticclub@gmail.com



facebook.com/QuesnelSeaLionsSwimClub



instagram.com/QuesnelSeaLionsSwimClub



StrongStart



A **FREE** Parent & Child participation program for **0-5 yr olds**

**Join the fun at a StrongStart centre!
You and your child will make new friends, play,
create art, go to the gym, sing songs, engage with
stories, and so much more!**

Drop in available at:

Baker StrongStart	Mon-Fri	8:30-11:30am
Barlow Creek StrongStart	Mon-Thurs	8:15-11:15am
Bouchie Lake StrongStart	Mon-Fri	8:15-11:15am
Dragon Lake StrongStart	Mon-Fri	8:30-11:30am

Please contact Ms. Cari to learn which days have openings (250-747-2142)

*The school district operates 4 StrongStart BC early learning centers that provide **free**, school-based, high quality early learning programs for children aged 0-5 years old who are accompanied by a parent or caregiver. At StrongStart you and your child will have opportunities to play, make new friends, create art, go to the gym, sing songs, engage with stories and so much more!*

Feel free to drop in to:

<i>Baker StrongStart</i>	<i>Monday to Friday</i>	<i>8:30am-11:30am</i>
<i>Barlow Creek StrongStart</i>	<i>Monday to Thursday</i>	<i>8:15am-11:15am</i>
<i>Bouchie Lake StrongStart</i>	<i>Monday to Friday</i>	<i>8:15am - 1:15am</i>
<i>Dragon Lake StrongStart</i>	<i>Monday to Friday</i>	<i>8:30am-11:30am</i>